

Allergen Report

Generated : 07/01/2026

Menu: Around The World Day In 80 Days - Fred



✓ Contains Allergen
? May Contain Allergen
 ! Missing Allergen Information
 🌿 Vegetarian
 🌱 Vegan
 🌾 Gluten Free
 👤 Modifier

Main Meals

| | | |
|----------------------|---------------------------|--|
| | Sulphites | |
| | Mustard | |
| | Lupin | |
| | Celery and Celeriac | |
| | Milk | |
| | Sesame Seeds | |
| | Soya and Soya Products | |
| | Molluscs | |
| | Crustaceans | |
| | Fish | |
| | Eggs | |
| | Hazelnuts | |
| | Tree Nuts | |
| | Almonds | |
| | Brazil Nuts | |
| | Cashew Nuts | |
| | Macadamia Nuts | |
| | Pecan Nuts | |
| | Pistachio Nuts | |
| | Walnuts | |
| | Other Nuts | |
| | Peanuts | |
| | Gluten (Oats) | |
| | Cereals Containing Gluten | |
| | Gluten (Rye) | |
| | Gluten (Wheat) | |
| | Gluten (Barley) | |
| Sweet & Sour Chicken | | |




Vegetarian Meals

| | |
|---------------------------|--------------------------|
| Sulphites | |
| Mustard | ☞ |
| Lupin | |
| Celery and Celeriac | |
| Milk | |
| Sesame Seeds | |
| Soya and Soya Products | |
| Molluscs | |
| Crustaceans | |
| Fish | |
| Eggs | |
| Hazelnuts | |
| Tree Nuts | |
| Almonds | |
| Brazil Nuts | |
| Cashew Nuts | |
| Macadamia Nuts | |
| Pecan Nuts | |
| Pistachio Nuts | |
| Walnuts | |
| Other Nuts | |
| Peanuts | |
| Gluten (Oats) | |
| Cereals Containing Gluten | ☞ |
| Gluten (Rye) | |
| Gluten (Wheat) | ☞ |
| Gluten (Barley) | |
| | Quorn Fajita Wrap (VG) 🌱 |

Sides

| | | |
|---------------------------|-----------------------|--|
| Sulphites | | |
| Mustard | | |
| Lupin | | |
| Celery and Celeriac | | |
| Milk | | |
| Sesame Seeds | | |
| Soya and Soya Products | | |
| Molluscs | | |
| Crustaceans | | |
| Fish | | |
| Eggs | | |
| Hazelnuts | | |
| Tree Nuts | | |
| Almonds | | |
| Brazil Nuts | | |
| Cashew Nuts | | |
| Macadamia Nuts | | |
| Pecan Nuts | | |
| Pistachio Nuts | | |
| Walnuts | | |
| Other Nuts | | |
| Peanuts | | |
| Gluten (Oats) | | |
| Cereals Containing Gluten | | |
| Gluten (Rye) | | |
| Gluten (Wheat) | | |
| Gluten (Barley) | | |
| | Rice - Primary (VG) 🌱 | |
| | Green Beans (VG) 🌱 | |

Third Option

| | | | |
|---|---|--|--|
| Sulphites | | | |
| Mustard | | | |
| Lupin | | | |
| Celery and Celeriac | | | |
| Milk | | | |
| Sesame Seeds | | | |
| Soya and Soya Products | | | |
| Molluscs | | | |
| Crustaceans | | | |
| Fish | | | |
| Eggs | | | |
| Hazelnuts | | | |
| Tree Nuts | | | |
| Almonds | | | |
| Brazil Nuts | | | |
| Cashew Nuts | | | |
| Macadamia Nuts | | | |
| Pecan Nuts | | | |
| Pistachio Nuts | | | |
| Walnuts | | | |
| Other Nuts | | | |
| Peanuts | | | |
| Gluten (Oats) | ∞ | | |
| Cereals Containing Gluten | > | | |
| Gluten (Rye) | ∞ | | |
| Gluten (Wheat) | > | | |
| Gluten (Barley) | ∞ | | |
| Spaghetti (VG)  | | | |
| Twisty Pasta Topping - Tomato Sauce (VG/GF)  | | | |
| Side Salad (VG/GF/DF)  | | | |

Desserts

| | |
|---|---|
| Sulphites | |
| Mustard | |
| Lupin | |
| Celery and Celeriac | |
| Milk | |
| Sesame Seeds | |
| Soya and Soya Products | ∞ |
| Molluscs | |
| Crustaceans | |
| Fish | |
| Eggs | |
| Hazelnuts | |
| Tree Nuts | |
| Almonds | |
| Brazil Nuts | |
| Cashew Nuts | |
| Macadamia Nuts | |
| Pecan Nuts | |
| Pistachio Nuts | |
| Walnuts | |
| Other Nuts | |
| Peanuts | |
| Gluten (Oats) | |
| Cereals Containing Gluten | > |
| Gluten (Rye) | |
| Gluten (Wheat) | > |
| Gluten (Barley) | |
| Jam Tart (VG)  | |