

St Francis of Assisi Primary - Week 2

Fred

 Cereals Containing Gluten

 Peanuts

 Tree Nuts

 Milk

 Eggs

 Crustaceans

 Fish

C Celery and Celeriac

 Soya and Soya Products

S Sesame Seeds

 Molluscs

 Mustard

L Lupin

 Sulphites

 GM Foods

 Vegetarian

 Vegan

 Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Beef Burger in a Bun Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Sulphites May Contain:  Sesame Seeds Modifiers:	Macaroni Cheese Topped with Crispy Bacon Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Roast Chicken - MKG Does Contains: May Contain: Modifiers:	Mince Beef Hotpot (GF/DF) Does Contains:  Celery and Celeriac May Contain: Modifiers:	Minced Cod Fish Finger KS2 Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:
					Minced Cod Fish Finger KS1 Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:
					Fish Fingers KS2 Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
					Fish Fingers KS1 Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:
Vegetarian Meals	Vegetable Burger in a Bun (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Soya and Soya Products, Mustard, Sesame Seeds Modifiers:	Macaroni Cheese (KEEP) Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Roast Quorn Fillets (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Lentil Hotpot (VG)  Does Contains:  Sulphites, Celery and Celeriac May Contain: Modifiers:	Cheese & Bean Turnover  Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:  Soya and Soya Products, Lupin, Mustard Modifiers:
Sides	Homemade Bread  Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:	Green Beans (VG)  Does Contains: May Contain: Modifiers:	Knorr Gravy (VG)  Does Contains: May Contain: Modifiers:	Homemade Bread  Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:	Homemade Bread  Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Diced Potatoes (VG)  Does Contains: May Contain: Modifiers: Corn on the Cob (VG)  Does Contains: May Contain: Modifiers:	Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:	Peas (half portion) (VG)  Does Contains: May Contain: Modifiers: Carrots (half portion) (VG/GF)  Does Contains: May Contain: Modifiers: Roast Potatoes (VG)  Does Contains:  Sulphites May Contain: Modifiers: Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:	Broccoli (half portion) (VG/GF)  Does Contains: May Contain: Modifiers: Cauliflower (half portion) (VG)  Does Contains: May Contain: Modifiers:	Baked Beans (VG/GF)  Does Contains: May Contain: Modifiers: Peas (VG)  Does Contains: May Contain: Modifiers: Chips (VG)  Does Contains: May Contain: Modifiers:
Third					

	Monday	Tuesday	Wednesday	Thursday	Friday
Option	Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:	Jacket Potato (VG) 🌱 Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:
	Twisty Pasta with Tomato Sauce (VG) 🌱 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: 🌾 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Side Salad (VG) 🌱 Does Contains: May Contain: Modifiers: Jacket Potato Tuna Mayo Topping Does Contains: 🐟🥚 Fish, Eggs May Contain: Modifiers: Jacket Potato Grated Cheese Topping 🌱 Does Contains: 🥛 Milk May Contain: Modifiers:	Twisty Pasta with Tomato Sauce (VG) 🌱 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: 🌾 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers: Cheese Baguette 🌱 Does Contains: 🌿🥛 Gluten (Barley), Gluten (Wheat), Gluten (Rye), Cereal Containing Gluten, Milk May Contain: 🌾 Gluten (Oats) Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains: 🐟🥚 Fish, Eggs May Contain: Modifiers: Jacket Potato Grated Cheese Topping 🌱 Does Contains: 🥛 Milk May Contain: Modifiers: Jacket Potato (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:	Twisty Pasta with Tomato Sauce (VG) 🌱 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: 🌾 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
		Jacket Potato Baked Beans Topping (VG) 🌱 Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG) 🌱 Does Contains: May Contain: Modifiers: Ham Baguette Does Contains: 🍃 Gluten (Barley), Gluten (Wheat), Gluten (Rye), Cereal Containing Gluten May Contain: 🍃🥛 Gluten (Oats), Milk Modifiers:	Tuna Mayo Baguette Does Contains: 🍃🐟🥚 Gluten (Wheat), Cereal Containing Gluten, Fish, Eggs May Contain: 🍃 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers: Ham Baguette Does Contains: 🍃 Gluten (Barley), Gluten (Wheat), Gluten (Rye), Cereal Containing Gluten May Contain: 🍃🥛 Gluten (Oats), Milk Modifiers:	Jacket Potato Baked Beans Topping (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers: Ham Baguette Does Contains: 🍃 Gluten (Barley), Gluten (Wheat), Gluten (Rye), Cereal Containing Gluten May Contain: 🍃🥛 Gluten (Oats), Milk Modifiers:	

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit Salad (VG)  Does Contains:  Sulphites May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Orange & Mandarin Jelly (VG)  Does Contains: May Contain: Modifiers:	Strawberry Ice Cream  Does Contains:  Milk May Contain: Modifiers:
	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Apple Sponge  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Eggs May Contain:  Soya and Soya Products Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:
				Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	

	Monday	Tuesday	Wednesday	Thursday	Friday
	Iced Cinnamon Fruit Roll 🌿 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🍳 Eggs Modifiers:	Fruit - Banana (VG) 🌿 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🌿 Does Contains: May Contain: Modifiers:		Fruit - Grapes (VG) 🌿 Does Contains: May Contain: Modifiers: